

AGENDA OF THE TRAINING FOR SOCIAL ENTREPRENEURS

Day One		SOCIAL ENTREPRENEURSHIP	
Time	Duration	Session	Facilitator
8:00-8:30	30 min	Arrival and registration of participants	
8:30-9:00	30 min	Welcome&Introduction	
		Opening remarks	
		Objectives of the training	
		Norms, parking lots, administrative announcements	
9:00-9:15	15 min	Overview of HE SI Ltd in Rwanda	
9:15-9:30	15 min	What is HE SI and the method of working?	
9:30-11:00	90 min	HE method of working	
11:00-11:15	15 min	Coffee/Tea break	
11:15-11:45	30 min	HE questions	
11:45-12:15	30 min	Introduction to Social Franchise Concept	
12:15-12:45	30 min	Introduction to Social Enterprise,Social Enterprise skills	
12:45-13:30	45 min	Marketing	
13:30-14:00	60 min	Lunch	
14:00-14:30	30 min	Costing and Pricing	
14:30-15:30	60 min	Book keeping	
15:30-16:30	60 min	Businness Planning	
16:30-17:00	30 min	Recap up of the day&Closing	

Day Two		SEXUAL AND REPRODUCTIVE HEALTH(SRH)	
Time	Duration	Session	Facilitator
8:00-8:30	15 min	Pre-test on Sexual Reproductive Health	
8:30-9:45	1 hour 15	Adolescence physical and psychosocial change	
9:45-10:15	30 min	Menstrual cycle and reproductive organs hygien	
10:15: 10:30	15 min	Coffee/Tea break	
10:30-11:30	1hour	Menstrual cycle and reproductive organs hygien(Cont'd)	
11:30-12: 15	45 min	Exploring sexual behaviour	

12:15-1:00	45 min	Life skills	
1:00-2:00	1 hour	Lunch	
2:00-3:00	1h 15 min	Peer Education	
3:00-3:15	15 min	Coffee/Tea break	
3:15-4:45	1h30 min	STI and HIV	
	15 min	Recap up of the day&Closing	

Day Three		NUTRITION	
Time	Duration	Session	Facilitator
8:00-8:30	30 min	Pre-test on Nutrition Topic	
8:30 -9:30	30 min	Introduction,Objectives of Nutrition training module	
9:30 - 10:30	1hour	Nutrients and their sources	
10:30-10:45	15 min	Coffee/Tea break	
10:45- 12:00	1h15 min	Balanced diet and its composition	
12:00-1:00	1 hour	Relationship between nutrition and health based on food choices	
1:00 - 2:00	1 hour	Lunch	
2:00-3:00	1 hour	Problems of malnutrition due to the unbalanced diet	
3:00-3:30	30 min	Nutrition Situation analysis in Rwanda	
3:00 - 3:45	15 min	Coffee/Tea break	
3:45 - 4:15	30 min	Nutrition Situation analysis in Rwanda	
4:15-5:00	45 min	Consequences of Nutrition	
5:00-5:30	30 min	Post-test, Wrap up of the day	

Day Four		Hygiene&Sanitation(WASH) and MCH	
Time	Duration	Session	Facilitator
8:00-8:30	30 min	General Information on Hygiene and personnal hygiene	
8:30-9:30	1 hour	Hands washing and good practices	
9:30-10:15	45 min	Food and water hygiene	
10:15-10:30	15 min	Coffee/Tea break	
10:30-11:30	1 hour	Environmental hygiene	
11:30 -12:00	30 min	Summary and good and bad hygiene behavior	
12:00-1:00	1 hour	Male and female reproductive health and system	
1:00-2:00	1 hour	Lunch	

2:00-3:00	1 hour	Causes of maternal mortality and contributing factors	
03:00-3:30	30 min	Strategic interventions for improvement of MMR,Basic signs about pregnancy,Menstrual cycle	
3:30-3:45	15 min	Coffee/Tea break	
3:45-4:15	30 min	Strategic interventions for improvement of MMR,Basic signs about pregnancy,Menstrual cycle (Cont'd)	
4:15-5:00	45 min	Advantages of antenatal care and norms ,dangers signs of pregnancy and Immunization against tetanus	
5:00-5:15	15 min	Recap up of the day&Closing	

Day Five	Duration	MCH (Cont'd) and Planning next steps &Closing Ceremony	
Time		Session	
8:00-8:15	15 min	Reporting on previous day	
8:15-9:30	45 min	Nutrition for pregnant woman,hygiene for pregnant woman	
9:30-10:15	45 min	Breast cancer and self-examination	
10:15-10:30	15 min	Coffee/Tea break	
10:30-11:30	1 hour	Breast feeding and Family planning	
11:30-12:00	30 min	Summary on sessions thought	
12:00 -12:30	30 min	Explanation of HE SI Contract with Enterpreurs&Signing	
12:30 - 1:00	30 min	Closing ceremony by and distribution of Equipments to Health Enteerpreurs,payment of Transport fees to participants	
01:00:2:00	15 min	Lunch	